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THE BUZZ

September is here and that means trail work at some of your favorite locations is resuming. We have three scheduled work projects designed to enhance the trail networks at Lynn Woods and Tompson Reservation. [Click on this link for more information](#) and feel free to come on down and help us repair and maintain some sweet mountain bike trails

Just 60 days to go before our 2nd Annual Spookbikecular Halloween Festival happening on Saturday October 31 in Lynn Woods. The Spookbikecular Halloween Festival is a mountain bike social event and festival hosted by Dieselbikes and event sponsors. We'll be introducing the highlights of the Lynn Woods trail system and hosting fun, interactive games for everyone, including non-bikers! This is an end of season celebration of Lynn Woods and a great chance to ride the trails with the regulars who know them.

TRAIL THREADS

Lynn Woods Reservation (LYW): Lynn, MA

September is upon us and we will be continuing our trail work program with two trail maintenance days scheduled for Saturday September 12 and Sunday October 11. These trail days will allow us to finish up some of the sections we have been working on over the last few years and allow us to move to other areas in 2010.

Please visit our website for more information regarding this upcoming trail work days.

[\[Click here\]](#)

Last month an article written by the Associated Press and published in the Boston Herald made reference to Lynn Woods and how mountain bikers are destroying the trails. We received several e-mails from local area riders asking if the article was accurate and if new problems were developing. We spoke to park management after reading the article and they assured us that no relationship problems exist between themselves & mountain bikers in Lynn Woods.

The article referred to the concerns of the National Forest Service and their attempts to crack down on rogue trails being cut by a very small group of aggressive mountain bikers across the country. Lynn Woods is city owned property and has nothing to do with the National Forest Service, but Lynn Woods is a well known local mountain biking spot and it was assumed that Lynn Woods was part of the problem. Some of you may remember back to 1998 -99 when the park did have a problematic user relationship, but that has all changed and we are working in close collaboration with park management to ensure our relationship remains strong.

Lynn Woods is not perfect (no place is) and we continue to deal with rogue trails that occasionally pop up. Some of these trails predate Dieselbikes, but in general the problems that once existed in Lynn have been greatly reduced and park management is generally happy with the results of our collaborations.

Finding balance with all park users has been an uphill battle, but we at Dieselbikes believe we are heading in the right direction in Lynn and park management assures us that if there are any problems, we will be the first to hear about it.

[\[Click here to read a scanned copy of this article\]](#)

Tompson Reservation (TSR) / Bruce & Tom's (B&T's): Gloucester, MA

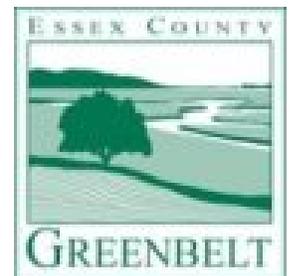
We have had reports that some of the trails are getting torn up by ATVs. Motorized vehicles are illegal in Tompson Reservation but as with a number of other locations, ATV usage still occurs. Unfortunately, some of the trail work conducted this past spring with Sinister Bikes and NSNEMBA has been destroyed.

It also has been brought to our attention that other recreational user groups have submitted complaints to the property managers (ECGA) regarding trail issues and concerns. We will be working with ECGA to get to the root of these issues and develop a method for curbing trail destruction by motorized vehicles.

With that said, there is a trail day scheduled for Sunday September 13, however due to the above factors and some resource scheduling constraints; we have cancelled this month's trail day at Thompson Reservation. There is a second trail work day scheduled for Saturday October 17 and we intend to implement this project as planned.



www.flw.org



www.ecga.org

IN THE NEWS

Manufacturing: Between sea and hilltop, a niche for bikes

The bicycle manufacturers tucked into local industrial parks and backcountry vales are far less visible than the packs of Spandex-clad riders on the Coast Highway, but they're well known inside the quirky worlds of road cycling and mountain biking.

They produce 2,000 to more than 100,000 frames a year, not enough to become household names such as Huffy, Giant or even Trek that produce hundreds of thousands or more each year.

[- Click here to read the complete article](#)



Freewheeling!

After years in the making, Kingdom Trails rules with mountain bikers looking for thrills, scenery, the scent of pines and, at the end, their badge of mud.

Jake veered left off the road and, like a good dad, I followed his lead, riding on a soft dirt path in a forest rich with the smell of pine. A right turn on the trail, Coronary Bypass, and we were soon flying downhill on a gem of a narrow run, banking corners and bouncing over roots as the path snaked back and forth through a pocket of trees...

[- Click here to read the complete article](#)



Mountain Biking Best Kept Secret, Williamsburg VA?

Who would have thought that within an hour from Virginia Beach you can enjoy at least ten well maintained mountain bike trails year round. Within twenty miles of Williamsburg alone, there are six quality locations with well over 50 miles of trails.

Mountain biking in Williamsburg can be described as 45 minutes to 3 hours of great sex, depending on your stamina & heart strength of course...

[- Click here to read the complete article](#)



IN THE NEWS [CONTINUE]

LUNA Chix Crowned "Duchess of Dirt 2009 at the 24 Hours of Great Glen

I got to provide support to Anne as she went 'round and 'round in a circle at the 24 Hours of Great Glen. For those of you who don't know, the 24 Hours of Great Glen, which takes place at the foot of Mt. Washington in New Hampshire, is a mountain bike race that lasts for 24 hours. This is a lap race...

[- Click here to read the complete article](#)



Lynn Woods Down & Dirty Duathlon

On Saturday, October 3rd, 2009, Shaughnessy-Kaplan Rehabilitation Hospital and co-host B&S Fitness will host its 5th Annual Down and Dirty Duathlon in Lynn Woods Reservation. The event consists of a 2.5-mile run, 5.9-mile mountain bike and a 2.5-mile run. In addition to this year's event participants will have the option of running a 10K trail run.

Proceeds from this event will benefit Shaughnessy-Kaplan, The Arthritis Foundation & The Friends of Lynn Woods. Registration is at 8:00 am. Race start time is at 9:00am. The cost for individuals is \$35. The cost for teams of 2-3 is \$60. Please register at www.active.com or www.skrh.org.

For more information contact Karen Anderson at 978-825-8797 or visit the Spaulding Rehabilitation Network page on Facebook.

[- Click here to download the event flyer](#)



2009 SPONSOR SHOUT-OUTS

Financial and in-kind sponsorships from local, regional and national businesses are always welcome. We are grateful for all the assistance we have received from our long-time supporters over the years and want to say thank you. Your efforts and donations have helped us successfully achieve many of our goals. Contributions are used to fund trail work programs, promote and host events, and to help spread the word about our organization.

The following organizations are supporting Dieselbikes' efforts in 2009. We are thankful for this support and ask whenever possible that you, our readers, support their efforts in the community.



Sinister Bikes
Gloucester, MA



JRA Cycles
Medford, MA



MountainUNI
Danvers, MA



Kenda Tire & Tube
Reynoldsburg, OH



Back Bay Bicycles
Boston, MA



Tri-Hard Sport Coaching
Holliston, MA



ODI Grips
Riverside, CA



Wheelworks
Belmont, MA



Monster Energy
Boston, MA



Ski Market
Boston, MA



NSNEMBA
North Andover, MA



Starbucks Coffee
Woburn, MA



HMBP
Northfield, NH



Kingdom Trails
East Burke, VT



EMS
Danvers, MA



Rye Airfield
Rye, NH



October Bicycles
Lynn, MA



Intense Cycles
Temecula, CA



WFNX Raido
Lynn, NH



Sunday River Resort
Bethel, ME



Cycle Loft
Burlington, MA

THE DB COMMUNITY

Dieselbikes is now entering its fifth year of operation and we are happy to be a part of the New England riding community. As we grow so do the number of riders with whom we are in contact. Dieselbikes maintains an online presence on a number of social network sites, find us, friend us and follow us where ever it is most convenient for you!

We love to hear what you think, so tell us. Start a discussion thread, ask a question, tell us about a recent ride...whatever it is, we want to hear it, who knows, we might even incorporate some of your great ideas into upcoming events, trail days, plans and all the other things we do!

Also, thanks to the power of the internet, you don't have to be in New England to be a part of the Dieselbikes family!

DB - [Myspace Page](#)



DB - [Facebook Page](#)

DB - [YouTube Page](#)



DB - [BlogSpot Page](#)

DIESELBIKES EVENTS



We are working diligently to make 2009 a banner year for Dieselbikes events. With the success of our D-Day Mountain Bike Expo and the upcoming Halloween event in October, we are working to bring our riding community closer together. Below is a list of upcoming events. Please go to the website for more information by clicking the links below.

2nd Annual Spookbikecular Halloween Mountain Bike Festival [Lynn Woods, MA] Saturday, October 31st 9:30am ~ 4:00pm

The Spookbikecular Halloween Festival is a mountain bike social event and festival hosted by Dieselbikes and event sponsors. We'll be introducing the highlights of the Lynn Woods trail system and providing fun, interactive games for everyone, including non-bikers! This is an end of season celebration of Lynn Woods and a great chance to ride the trails with the regulars who know them.

Demo bikes, skill clinics and a bicycle-flea market are just some of the offerings for attendees to enjoy. This is a family oriented, fun event and is in its second year; more information will become available in Mid August.

2009 Lynn Woods Trail Maintenance Series

There are four large trail projects that have been approved by Park Management for 2009. We need your help to complete them. The dates are below. More information is available on the [website](#).

Project # 1: **Complete**

Project # 3: Saturday September 12th

Project # 2: **Complete**

Project # 4: Sunday October 11th

2009 Tompson Street Trail Maintenance Series

There are four large trail projects that have been approved by the Essex County Greenbelt Association in 2009. We will need your help to complete them. The dates are below, more information is on our [website](#).

Project # 1: **Complete**

Project # 3: **Cancelled**

Project # 2: **Complete**

Project # 4: Saturday October 17th

POST EVENT REVIEW

3rd Annual D-Day Mountain Bike EXPO [Lynn Woods, MA]

It is our great pleasure to announce that the 3rd Annual D-Day Mountain Bike event, held on June 13, 2009, was a big success for the Lynn Woods Reservation. This year we had a record number of registered participants, totaling over 150; double that of last year. Along with this record number of participants came a record amount of funds generated to support the trail network at Lynn Woods.

This year the event generated \$750 - a 50% increase over the 2008 D-Day event. Despite a cold, rain-soaked week, D-Day was blessed with one day of perfect sunshine. Thanks to the weather we were able to pull off a full day of events, games, group rides and demo equipment. Thank you all for your support, we hope you had fun & we hope to see you at the next one! [Click here for more information, pictures and video.](#)

NE MOUNTAIN BIKE EVENTS

Listing our own events is an obvious section for the DB newsletter, but there are also plenty of other exciting mountain bike events happening throughout New England. Below is a short list of upcoming events in September. A more comprehensive list is available on our website under the Events Calendar.

Brodawn Showdown Jump Jam – Presented by Highland Mountain Bike Park, Sept 5
For more information, please visit www.highlandmountain.com

No Kid Left Inside Ride – Presented by DCR/NEMBA Middlesex Fells, Sept 12
For more information, please visit www.gbnemba.org/rides/kids-rides.html

12 Hours of Bradbury Mountain – Presented by Casco Bay Sports, Sept 19
For more information, please visit www.bradburytwelve.com

Highland GS@ Slalom/DH Race – Presented by Highland Mountain Bike Park, Sept 19/20
From more information, please visit www.highlandmountain.com

TD Back Mayor's Cup Professional Criterium – Presented by City of Boston, Sept 26
From more information, please visit www.mayorscupcycling.org

DB PRODUCT & TRAIL FUNDRAISING

At Dieselbikes we want to stress the importance of supporting your local trail network. Many of us take for granted the trails we ride and the impact we have on those trails as a group. Regardless of whether you ride locally, or travel to ride in other places, the fact remains that mountain bike trails do not take care of themselves. Many individuals, groups and official organizations throughout New England repair trail damage caused by you, the single rider.

In today's society, supporting your local trail has become more important than ever. With declining or minimal park budgets, land development contracts and the perception that our recreational sport destroys the environment, we as a bike community must band together to support and maintain our beloved trails.

We ask all riders in the community to step up and support your local trail network. This is a pretty easy task to accomplish in two simple ways: first, volunteer for as many local and regional trail days as you can; second, if you cannot volunteer, donate money to responsible organizations that help maintain our trails. It is that simple! Without your support bike trails will disappear forever.



DB GROUP RIDES

We are a simple group of mountain bikers with average riding skills who like to ride with anyone who loves this sport. Whether you are just a beginner or a pro racer, it does not matter; you are more than welcome to join our group rides. Riders under 18 must be present with a parent or guardian and speak with the ride leader before the group ride begins.

With the riding season in full swing, our weekly and weekend group rides will run until mid November. During this time, we try to ride a number of different trails throughout New England as well as taking occasional day or weekend trips to the mountains.

TNR - Tuesday Night Rides in Lynn Woods

Dieselbikes' Tuesday Night Rides are going strong in their 3rd season with new faces just about every week. Meeting time is between 5:45pm and 6:00pm at the former Lucille's Fine Chicken parking lot (215 Broadway (Route 1), Lynnfield, MA, 01940). Please note that Lucille's is currently out of business however we still have this area as our meeting location. This is a two hour ride that occurs every Tuesday night and breaks up the work week with a post ride gathering at Bostonville for refreshments. All levels are welcome and NO ONE is left behind!



TNR² – Thursday Night Rides in Lynn Woods

Dieselbikes' Thursday Night Rides are in their 2nd season. Meeting time is between 5:45pm and 6:00pm at the Ballfield Parking lot, Great Woods Entrance (78 Great Woods Road Lynn, MA 01904). This is a 90 minute cardio ride with limited technical challenge, but is a great endurance builder. All levels are welcome and NO ONE is left behind!



Weekend Sessions

These group rides typically occur both Saturday and Sunday with different locations depending on the club's schedule and weather conditions. Weekend rides can last 3-4 hours and offer plenty of fun and group camaraderie. None of these weekend sessions are fast paced. We're also not out to cover as much ground as possible. WE ARE OUT TO HAVE FUN AND WE RIDE AT THE GROUP'S PACE! We ride technical trails and love to challenge our own skill sets. Anyone can join us to ride, watch or partake in the technical challenges our great New England trails offer.

If you would like to ride with Dieselbikes and want to know where and when we are riding, please feel free to sign up for our group ride e-mail notice. You can simply do this by sending us an e-mail to the following address below. Just provide your name and let us know you want to receive our weekly group ride e-mail notices.

dbgrouprides@dieselbikes.com - Weekly group ride e-mails start on April 23rd and run until Mid November. Ride e-mails are usually sent out & scheduled two days before the upcoming weekend ride.

New England Mountain Bike Club

DIESELBIKES

Est. 2004

Who We Are:

We are just a group of riders who started a riding club to quietly get into the mountain bike industry. We do not expect anything big from this venture but to have fun doing what we love, RIDE OUR BIKES!!! Over this past year we have seen a huge following for Dieselbikes and plan on turn this hobby into a business to help support and expand New England mountain biking.

Our Roots:

The roots of Dieselbikes starts in the City of Lynn better know as the "City of Sin." Over the past years we have added riders to our team whom brings their own unique style of riding and personality. Our local (unofficial) freeride park is none other than Lynn Woods. You will find us riding there 3 ~ 4 times a week during the biking season. Whether working our day and/or night jobs, we all find the time to make that blissful ride of downhill descends, jumps, hucks and friendly camaraderie that is only found when we RIDE OUR BIKES!!!

Mission:

Our mission is expand, promote and create a distinct portrait of mountain biking in and around New England. We believe that New England is one of the best places to mountain bike and feel by bringing all mountain bikers together, we will create a VIBE which will help expand this sport!

Whether posting pictures, videos, local trail maps and/or scheduling biking trips, we are starting small and keeping it simple. Someday our secondary goal is to build downhill/freeride bikes and or bike components for anyone who wants bulletproof products tested on FLAT DROPS here in New England.



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