



VOLUME: 04, ISSUE: 01

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## PICTURE OF THE MONTH



**HAPPY NEW YEAR**

PHOTO BY: DIESEL

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## THE BUZZ

The winter season is in full swing, and for many of us mountain bikers that means trading in two wheels for some skiing/snowboarding action! However, a few of us do continue to ride through the winter and any upcoming rides will be posted under the group rides section of the website. ([web link](#)).

Since there are very few mountain bike events taking place over the next few months, we will be listing a few upcoming winter events that may be of interest to you instead. Check them out in the events section of this newsletter.

Please keep in mind that Lynn Woods (and a few other riding spots) are closed to mountain bikers from January 1st through April 15th. However, there are plenty of other locations around the Boston area to ride if you feel the urge. Take a look at the trail directory ([web link](#)) for information about trails that are open within the I-495 loop.

# TRAIL THREADS

## Lynn Woods Reservation (LYW): Lynn, MA

The riding season for Lynn Woods is over for 2009. The park is officially closed from January 1st to April 15th and we ask the community to respect the closure period established by the City of Lynn. However, there are some sections on the north side, located in Lynnfield, which are open year round to riding. Please check out the winter trail map on our website of more information ([web link](#)).

Our 4th annual season end ride was canceled this year due to inclement weather, but a few members did make it out before the 31st to get in one last ride. While riding may be over for now, work has begun on obtaining approval for the 2010 trail maintenance series and our 4th annual D-Day Mountain Bike Expo. We hope to have some official announcements in the coming months regarding these events.



[www.flw.org](http://www.flw.org)

## Tompson Reservation (TSR) / Bruce & Tom's (B&T's): Gloucester, MA

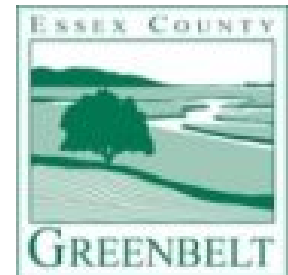
In 2010 we will be continuing our partnership with Sinister Bikes and NSNEMBA for trail work at Tompson Reservation. We hope to pull off a few fun and exciting trail projects for 2010 and all parties will be speaking with Greenbelt management in the coming months.

To the best of our knowledge, Tompson Reservation is open year round for riding. This is a fun location to ride during the winter months when conditions allow. We ask that you ride responsibly, avoiding wet areas if possible, and not creating any trail braids.

### *Trail Network Disclaimer –*

As always, please remember Tompson Reservation and B&T's trail networks span land owned by the Essex County Greenbelt and a number of private landowners. Currently mountain biking is permitted year round on the Greenbelt managed property called Tompson Reservation (TSR) but may not be permitted on adjacent private property. We ask that you use common sense when riding there; stick to the main trails and do not cut new lines/braids.

If you come across a change in a trail that you think is illegal, please do not change anything. Report it to Dieselbikes, Sinister Bikes and/or NSNEMBA. We have plenty of members who ride this location who will resolve any problems without creating potential conflicts. Efforts to improve the network will continue, though it will take some time to accomplish this goal with proper land manager approval.



## IN THE NEWS

### Team IMBA Raises \$80,000

Eighty-seven members joined the Team IMBA program to raise US \$84,937 in 2009 according to imba.com. Participants raised nearly \$50,000 in donations, and thanks to a matching grant from SRAM, clubs earned \$60,000 while IMBA trail building projects benefited by \$20,000. Throughout the season, riders raised funds for local and national trail building projects...

[- Click here to read the complete article](#)



### Snowboarder Palmer looks for another peak!

They call him "The Miserable Champion." At age 41, snowboarding pioneer Shaun Palmer has seen plenty of both - championships and misery. Now he's searching for a happy ending.

It was supposed to arrive four years ago, when snowboardcross - the sport he helped invent alongside old-school skiing buddy Glen Plake - made its Olympic debut at Turin in 2006. That was the discipline Palmer virtually owned since...

[- Click here to read the complete article](#)

### Controversial mountain biker Missy Giove pleads guilty!

Melissa "Missy" Giove, a pioneer in women's mountain biking, was fast and outspoken during her career. Now, she also may be on her way to prison.

Giove, 37, the 1994 downhill world titlist who also tallied 14 national titles and 11 world cup wins, has pleaded guilty to marijuana trafficking.

Giove, who declined an appeal, gave her guilty plea in response to one count of conspiracy to possessing drugs with the intent to distribute in the U.S. District Court in Albany, New York.

[- Click here to read the complete article](#)



## IN THE NEWS [CONTINUE]

### A Stunt Cyclist's Tour de Fence

EDINBURGH, SCOTLAND — Like his fellow Scot Susan Boyle, who made a meteoric entry into show business, the stunt bicyclist Danny MacAskill can divide his life in two: before his YouTube video and after.

Eight months ago, MacAskill's daily routine was fairly predictable. He would leave the apartment he shares with a roommate, hop on his bike and maneuver through strangling traffic to his job as a bicycle mechanic.

Along his route, he passed a metal fence with a spiky top. He had eyed it for years. "I'd look at it and say, 'I can ride that rail,'" said MacAskill, 24...

[- Click here to read the complete article](#)



## TRAIL RIDING 101

Trail Riding 101 is a new addition for our fourth volume newsletter release and we plan on expanding this section as our group grows. This section will provide basic information on mountain bike trail riding skills for reference purposes. These articles and/or reference guides are neither written by professional athletes nor by certified personal trainers. They are written by local riders with years of experience who wish to share what works for them.

### Essential Winter Trail Riding Skills

One of the biggest challenges trail riding during the winter months is overcoming the lack of traction you never seem to have. All that rain, snow, ice; whatever the New England weather throws at us makes your favorite trails a bit slippery and more challenging. Even those cold clear days aren't necessarily any better, because keeping your body warm and your bike components from freezing bring on their own problems.

You need traction to propel your bike forward, change direction and stop when you need to. Any time your tires begin to slide on the trail this interferes with these three basic riding fundamentals.

Let's not fool ourselves, you won't be able to prevent your tires from losing traction all the time, and dealing with your bike sliding on the trail is essential for good winter riding. Your ultimate goal is to keep your wheels turning and pointed in the direction you want to go thus minimizing loss of traction. Here are some tips that have worked for me...



[Click here to read this full trail riding article](#)

## THE DB COMMUNITY

Dieselbikes is now entering its fifth year of operation and we are happy to be a part of the New England riding community. As we grow so do the number of riders with whom we are in contact. Dieselbikes maintains an online presence on a number of social network sites, find us, friend us and follow us where ever it is most convenient for you!

We love to hear what you think, so tell us. Start a discussion thread, ask a question, tell us about a recent ride...whatever it is, we want to hear it, who knows, we might even incorporate some of your great ideas into upcoming events, trail days, plans and all the other things we do!

Also, thanks to the power of the internet, you don't have to be in New England to be a part of the Dieselbikes family!

### DB Social Networks



- [Facebook Page](#)



- [YouTube Page](#)



- [MySpace Page](#)



- [BlogSpot Page](#)

## RIDERS COMMUNITY

Dieselbikes is not the only mountain bike riding and advocacy group in New England. There are plenty of others and all these organizations make up our riding community. Each of these organizations performs a specific bicycling-related function in the community.

At Dieselbikes we encourage our patrons to broaden their scope and inform themselves about these other organizations. One single advocacy organization cannot solve all the problems our sport faces in today's society. Together as a community of organizations and fellow riders, we can maintain and expand this great sport ONE TRAIL and ONE BIKE at a time!

Here is a short list of interesting bicycle related websites that provide interesting information. These links may change with each monthly newsletter publication, but we will be keeping them cataloged on the website going forward. If you have a mountain bike website that you feel is important to the community, please send us an e-mail: [riderscommunity@dieselbikes.com](mailto:riderscommunity@dieselbikes.com)

### Local/Regional Bike Forums

[www.bustedspoke.com](http://www.bustedspoke.com)  
[www.ragemtb.com](http://www.ragemtb.com)  
[www.mtbr.com](http://www.mtbr.com)  
[www.pinkbike.com](http://www.pinkbike.com)  
[www.ridemonkey.com](http://www.ridemonkey.com)

### New England Advocacy Groups

[www.nemba.org](http://www.nemba.org)  
[www.ne-bra.org](http://www.ne-bra.org)  
[www.vmba.org](http://www.vmba.org)  
[www.mainemountainbike.com](http://www.mainemountainbike.com)  
[www.bikesnotbombs.org](http://www.bikesnotbombs.org)  
[www.windingtrails.org](http://www.windingtrails.org)  
[www.rocktorock.org](http://www.rocktorock.org)  
<http://www.wecyclelect.org/>  
<http://www.freewheelers.org/>  
[www.seacoastbikes.org](http://www.seacoastbikes.org)  
[www.walknh.org](http://www.walknh.org)

### National Advocacy Groups

[www.imba.org](http://www.imba.org)  
[www.bikesbelong.org](http://www.bikesbelong.org)  
[www.bikeleague.org](http://www.bikeleague.org)  
[www.railstotrails.org](http://www.railstotrails.org)  
[www.usacycling.org](http://www.usacycling.org)  
[www.greenway.org](http://www.greenway.org)

# DIESELBIKES EVENTS



We are in the midst of developing our 2010 Events Schedule and once we receive the appropriate approvals, information will be posted on the website. For now sit back and relax and keep that mountain bike tuned up and ready to go! Below is a preliminary schedule for potential DB events in 2010.

## TENTATIVE EVENT SCHEDULE

5th Annual Lynn Woods Opening Group Ride [Lynn Woods, MA] - Saturday April 17th

4th Annual D-Day Mountain Bike Expo [Lynn Woods, MA] - Sunday June 27th

2010 Lynn Woods Trail Maintenance Series [April - May - Sept - Oct]

2010 Tompson Reservation Trail Maintenance Series [Spring - Fall]

2010 Dieselbikes Ride Series [June - July - Aug - Sept]

## POST EVENT REVIEW

### 3rd Annual D-Day Mountain Bike EXPO [Lynn Woods, MA]

It is our great pleasure to announce that the 3rd Annual D-Day Mountain Bike event, held on June 13, 2009, was a big success for the Lynn Woods Reservation. This year we had a record number of registered participants, totaling over 150; double that of last year. Along with this record number of participants came a record amount of funds generated to support the trail network at Lynn Woods.

This year the event generated \$750 - a 50% increase over the 2008 D-Day event. Despite a cold, rain-soaked week, D-Day was blessed with one day of perfect sunshine. Thanks to the weather we were able to pull off a full day of events, games, group rides and demo equipment. Thank you all for your support, we hope you had fun & we hope to see you at the next one!

- [Click here for more information, pictures and video.](#)

### North Shore NEMBA's 10th Annual Wicked Ride of the East (North Andover, MA)

We had a fantastic time attending the 10<sup>th</sup> Annual Wicked Ride of the East hosted by the North Shore NEMBA Chapter. Over 500 rides from all over New England attended this event showing support for a long standing mountain bike advocacy group.

- [Click here for more information and pictures.](#)

## NE MOUNTAIN WINTER EVENTS

Winter is here and as a result there is a very limited number of mountain bike events taking place over the next few months. With that said many of us switch from bikes to skies and/or snowboards now anyway, so listing some upcoming winter events seems appropriate. Below is a short list of events that will be taking place in January.

Children's Festival Week 2010 - Presented by Sunday River Resort, Jan. 1st - Jan 15th  
For more information, please visit <http://www.sundayriver.com/>

ATP Slopestyle - Presented by Mount Attitash, Jan. 16th  
For more information, please visit <http://www.attitash.com/>

Torchlight Parade & Fireworks - Presented by Mount Snow, Jan. 16th  
For more information, please visit <http://mountsnow.com/>

Kiss 108 Winter Games - Presented by Wachusett Mountain, Jan. 16th  
For more information, please visit <http://www.wachusett.com/>

3rd Annual Military Salute Weekend - Presented by Mount Attitash, Jan. 23rd - Jan. 24th  
For more information, please visit <http://www.attitash.com/>

Red Bull Butter Cup - Presented by Mount Snow, Jan. 23rd  
For more information, please visit <http://mountsnow.com/>

## DB PRODUCTS & TRAIL FUNDRAISING

At Dieselbikes we want to stress the importance of supporting your local trail network. Many of us take for granted the trails we ride and the impact we have on those trails as a group. Regardless of whether you ride locally, or travel to ride in other places, the fact remains that mountain bike trails do not maintain themselves. Many individuals, groups and official organizations throughout New England the repair trail damage caused by you, the single rider.

In today's society, supporting your local trail has become more important than ever. With declining or minimal park budgets, land development contracts and the perception that our recreational sport destroys the environment, we as a bike community must band together to support and maintain our beloved trails.

We ask all riders in the community to step up and support your local trail network. This is a pretty easy task to accomplish in two simple ways: first, volunteer for as many local and regional trail days as you can; second, if you cannot volunteer, donate money to responsible organizations that help maintain our trails. It is that simple! Without your support bike trails will disappear forever.



## DB GROUP RIDES - SEASON ENDING UPDATES

We are a simple group of mountain bikers with average riding skills who like to ride with anyone who loves this sport. Whether you are just a beginner or a pro racer, it does not matter; you are more than welcome to join our group rides. Riders under 18 must be present with a parent or guardian and speak with the ride leader before the group ride begins.

Our weekly public group rides have ended for the 2009 season. Our weekly public group rides have ended for the 2009 season. Over the last year we have met a ton of new riders and even made some new friends who have become regulars. We look forward hosting even more public group rides in 2010, so be on the look out for our ride schedule towards the end of Winter.

If you would like to ride with Dieselbikes and want to know where and when we are riding, please feel free to sign up for our group ride e-mail notice. You can do this by sending an e-mail to the address below. Just provide your name and let us know you want to receive our weekly group ride e-mail notices.

[dbgrouprides@dieselbikes.com](mailto:dbgrouprides@dieselbikes.com) - Weekly group ride e-mails start on April 23rd and run until Mid November. Ride e-mails are usually sent out & scheduled two days before the upcoming weekend ride.







**Who We Are:**

We are just a group of riders who started a riding club to quietly get into the mountain bike industry. We do not expect anything big from this venture but to have fun doing what we love, RIDE OUR BIKES!!! Over this past year we have seen a huge following for Dieselbikes and plan on turn this hobby into a business to help support and expand New England mountain biking.

**Our Roots:**

The roots of Dieselbikes starts in the City of Lynn better know as the "City of Sin." Over the past years we have added riders to our team whom brings their own unique style of riding and personality. Our local (unofficial) freeride park is none other than Lynn Woods. You will find us riding there 3 ~ 4 times a week during the biking season. Whether working our day and/or night jobs, we all find the time to make that blissful ride of downhill descends, jumps, hucks and friendly camaraderie that is only found when we RIDE OUR BIKES!!!

**Mission:**

Our mission is expand, promote and create a distinct portrait of mountain biking in and around New England. We believe that New England is one of the best places to mountain bike and feel by bringing all mountain bikers together, we will create a VIBE which will help expand this sport!

Whether posting pictures, videos, local trail maps and/or scheduling biking trips, we are starting small and keeping it simple. Someday our secondary goal is to build downhill/freeride bikes and or bike components for anyone who wants bulletproof products tested on FLAT DROPS here in New England.



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